

Universiti Brunei Darussalam
Health Check Guidelines for International Exchange Students

Personal Particulars

1. **Full Name:**
2. **Date of Birth:**
3. **Age:**
4. **Gender:**
5. **Height:**
6. **Weight:**

HISTORY

1. **Personal History** - Particular enquiry should be made regarding any form of Tuberculosis, Rheumatic fever, Epilepsy, Diabetes Mellitus, Hypertension, STD in the past, Psychiatric illness.
Details of any important illness, accident or operation should be given together with treatment.
2. **Family history**
3. **Vaccination**
 - BCG
 - Rubella
 - Hepatitis B
4. **Mantoux test result**

PHYSICAL EXAMINATION & INVESTIGATIONS

1. Respiratory System

- Nose
- Any chest deformity
- Lungs (Rt. & Lt.)
- Pharynx
- Chest Expansion

Complete X-Ray Report

2. Circulatory System

- Pulse: (Regular / Irregular)
- Heart sounds
- Any murmurs:
- ECG
- BP:

3. Alimentary System

- a. Mouth and teeth
- b. Any hepatomegaly or splenomegaly
- c. Any other masses

- d. Hernial orifices
- e. Any testicular masses

4. Nervous System

- a. Any limb deformity
- b. Any muscle weakness
- c. Reflexes

5. Vision

- a. Visual Acuity
- b. Any refractory error

6. Hearing

7. Urinalysis

8. Laboratory Tests

- a. Hb:
- b. Blood Urea:
- c. Random blood sugar:
- d. Hbs (if positive, full Hepatitis B markers):
- e. Hbs Ag Antibody:
- f. Anti HCV:
- g. HIV Test:
- h. Pregnancy Test:

9. Is the candidate at present:

- a. On any medications (give details)
- b. Receiving medical attention
- c. Requiring any medical attention

I certify that the above candidate is medically (FIT / UNFIT) to undertake a course overseas.

Signature of Physician:

Qualification:

Post:

Date:

Note: Particular attention should be paid to:

- (a) X-ray chest to rule out tuberculosis or other chronic pulmonary disease.
- (b) Eyesight - severe errors or refraction should not be passed.
- (c) Hearing - deafness should not be a definite bar.
- (d) There should be no evidence of any renal lesion.